

Ski & Snowboard Freestyle Teams, Ages 8-18

The Bristol Mountain Freestyle Team provides athletes with the opportunity to master their freestyle skiing/riding skills in competitive moguls, big air, terrain park, and the halfpipe. Whether you are interested in training hard with the hope of making the US Freestyle Team someday, compete at local events, or you just want to improve your mogul, air, or pipe skills, we have a program that teaches skiing skills, big air, terrain park and halfpipe tactics, skills, and maneuvers. A strong emphasis is placed on safe skiing/riding and having fun. The team will train for 14 weeks every Saturday and Sunday, December 12th through March 14th. Coaching is from 10 am to 3 pm. Registration includes season long coaching and coaching at selected USSA/USASA sanctioned events.

The Bristol Mountain Freestyle Snowboard Team competes in USASA Western NY competitions in Slopestyle, Halfpipe and Boardercross, with the ultimate goal of qualifying for USASA Nationals competition in April at Copper Mountain. Coaching is included for team members at selected local and regional events.

Mogulrunners, Ages 8-18

Mogulrunners, which is part of our Freestyle team, is designed to introduce intermediate and advanced skiers to freestyle skiing. It is not designed for those wishing to compete on a regular basis, but if participants develop an interest in competing in local events, the Freestyle Team coaching staff will provide coaching at those events.

Parkrunners, Ages 8-18

This program introduces intermediate and advanced skiers and snowboarders to the terrain parks. Basic skills of riding the pipe, rails, and big air hits are developed. Safe use and etiquette within the parks is stressed. Participants will also be instructed in flat terrain and mogul skiing and riding.

Mountainrunners, Ages 8-18

For advanced to expert skiers and riders looking to do it all. Try moguls, racing, terrain parks, and just plain skiing and riding. This 12 week program was designed for the young skiers and riders who want to expand their skills to a variety of snowsports.

Mogulmasters, Ages 19+

Whether you are interested in dominating at "Bump This" or desire the ability to link comfortable turns in the bumps, this is your program. Coaches will demonstrate proper technique and show you how easy it is to master the moguls! For the real adventurous souls, we will spend time working on jumping, but if you would rather keep your feet on the ground, that's cool too.

FREESTYLE EVENTS AT BRISTOL MOUNTAIN

- USSA Freestyle Competition
January 16-17
- Bump This Competition
March 21



DETAILS AND REGULATIONS

1. Register early for reduced prices and limited class sizes. Program rates increase starting December 1, 2009.
2. Classes are determined by age and skill level. Class sizes range from 8 to 10 students. Requests for placement with friends or a specific instructor are accommodated to the best of our ability on the first day of brigade. The group remains with the same instructor throughout the duration of the program.
3. Purchasers of the regular-rate Runners or Masters programs will receive a season pass valid on each designated day of the program and the make-up day at the end of the program. Season passes are issued in the Guest Services Office during regular business hours. Brigade passes are nontransferable. Replacement cost for lost passes is \$25. Freestyle team members must purchase a season pass separately.
4. *New for 2009-10—Gift Cards may be purchased and funds applied toward goods and services at any Bristol Mountain sales point including Bristol Ski & Sport, Cafeteria, or Demo Center. Terms and conditions apply.*
5. The enclosed Bristol Mountain Assumption of All Risks Agreement as well as the Parent Agreement (if participant is under the age of 18) must be signed by the participant and/or parent prior to the first day of class. Participant will not be able to participate in Brigade without the completed form on file at Bristol Mountain.
6. Participants must check in at the Snowsports School Information Desk in the Main Lodge between 8:30 am and 9:30 am on the first day of the program.
7. Classes are held rain or shine. If severe weather prevents classes from being held, an announcement will be made on the snow report at 585-374-1100 along with rescheduled dates.
8. A make-up ski or snowboard day is extended to participants. The make-up day does not include coaching and is scheduled the week following the completion of each program. There is no make-up day for the Freestyle Team.
9. **REFUNDS ARE NOT ISSUED UNDER ANY CIRCUMSTANCES.**



FREESTYLE PROGRAMS

2009-10 SEASON

The Bristol Mountain Freestyle Team

**Open to Skiers & Snowboarders
Competing at USSA & USASA Events**

**14 Weeks—Saturdays & Sundays
December 12—March 14
10 am-3 pm**

Parkrunners, Mogulrunners and Mountainrunners

**12 Weeks—Saturdays
December 19—March 13
(No Class December 26)
10 am-3 pm**

Mogulmasters

**10 Weeks—Sundays
January 10—March 14
10 am-12 noon OR 1-3 pm**

5662 Route 64, Canandaigua, NY 14424
Phone 585-374-6000, Fax 585-374-2253
Snow Report 585-374-1100

Email: snowsports@bristolmt.com
or visit www.bristolmountain.com

2009-10 FREESTYLE PROGRAMS REGISTRATION

One form per person. Please print clearly.

Participant		
Name	DOB	
Address		
City	State	Zip
Home Phone	Email Address	

Emergency	
Parent Name	Emergency Phone
Person(s) child may be released to at the end of the lesson	
Child's special needs (dietary, medications, learning)	

Freestyle Programs	Regular Rate	Executive or Student Passholder Rate	Executive or Student Passholder Rate		Amount
			Regular Rate	Executive or Student Passholder Rate	
	Through 11/30/09		Starting 12/01/09		
MOGULRUNNERS Ages 8-18 Ski only	\$560	\$305	\$585	\$330	
PARKRUNNERS Ages 8-18 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard	\$560	\$305	\$585	\$330	
MOUNTAINRUNNERS Ages 8-18 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard	\$560	\$305	\$585	\$330	
MOGULMASTERS Ages 19+ Ski only	\$425	\$195	\$450	\$220	
FREESTYLE TEAM Ages 8-18 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard	NA	\$440	NA	\$465	

Payment	<input type="radio"/> VISA	<input type="radio"/> MC	<input type="radio"/> DISC	<input type="radio"/> Cash	<input type="radio"/> Check # _____	Amount Due \$ _____
Card #	Expires					
Cardholder's Name	V-Code					
Office Use	Date	Sales	Acct			

ASSUMPTION OF ALL RISKS AGREEMENT

I, _____, know and understand that alpine, nordic, and freestyle skiing, as well as, snowboarding and other snow activities, including games and competitive events, are activities that involve a significant risk of personal injury, death or property damage. I also know and understand that there are natural and environmental conditions and risks that independently, or in combination with these activities, may cause property damage, or severe or even fatal injuries to me or others. I understand that trail conditions vary constantly because of weather changes and skier use, and I also understand that the risks of skiing/riding also include terrain park elements, jumps, slide rails and other man made features, changing weather conditions, bare spots, variations in snow, ice, forest growth, other ground cover, surface and subsurface conditions, and terrain, bumps, moguls, rocks, debris, equipment and machinery on slopes, collisions with other skiers and snowboarders and natural and man made objects, and skier/snowboarder error.

I agree and acknowledge that I have made a voluntary choice to participate in these activities at Bristol Mountain with the risk that they present. In consideration of being permitted to participate in a ski or snowboard instructional program at Bristol Mountain, I agree to ASSUME ANY AND ALL RISK OF INJURY OR DEATH, which might be associated with, or result from, my participation in these activities. I agree to accept all responsibility for the risks, conditions and hazards which may occur whether they now be known or unknown.

I further agree that I will accept and abide by all rules and regulations of Bristol Mountain, as well as all obligations that may be imposed upon by Article 18 of the General Obligations Law or any other law of the State of New York.

I have fully read and understand this Agreement and all of its terms. I understand that this acknowledgement and assumption may affect my legal claims for damages in the event of my death or any injury to me. I nevertheless enter into this Agreement freely and voluntarily agree that it is a binding upon me, my heirs, assigns, and legal representatives.

I agree that the terms of this Agreement shall be binding and shall be governed by the laws of the State of New York and that the terms of this document shall be admissible in evidence as a binding legal document between me and the persons and entities listed above in this Agreement.

Print Student's Name	Date
Students Signature	Age / / Date of Birth

Parent Agreement

As parent and/or natural guardian of the above-named minor, I hereby give permission for my child or ward to participate in the aforementioned activities. I have read and understand the above ASSUMPTION OF ALL RISKS AGREEMENT, and on my behalf and on behalf of my child or ward, I agree to all terms contained therein. I have read and explained those risks and responsibilities to my child in an age appropriate manner and he/she has acknowledged that he/she understands and agrees to accept them.

Print Legal Parent/Guardian's Name	Date
Parent's Signature	